



Cathedral of St. John the Evangelist

Human Concerns Commission

Monthly Digest - May 2017

Service Sunday

Meet your fellow parishioners who volunteer at the Open Door Café



“You pray for the hungry. Then you feed them. That’s how prayer works.”

- Pope Francis

Thanks to our inaugural Service Sunday crew who served in the Open Door Cafe in April! From left: Michael and Gavin Olen, Keith Kalota (Café manager), Roderick Wilson, Mesheka Wolfe (Café Assistant), Mark Boorse, Paula Johnson, Thaddeus Pinkoski and Samantha Wilson.

Serving May 14: Pastoral Council member Paula Johnson is back for more! And we welcome two new parish faces to the Café - Bill Corley and Patrice Precopio. Also serving will be the Doris Brosnan, Kevin, Audrey and Liam Sullivan - Doris volunteers through her employer, Quarles & Brady and Audrey has volunteered through St. Robert School! Thanks, friends, for stepping up this month!

SERVE at the Open Door Cafe! Upcoming Service Sundays - June 11, July 9, August 13. Sign up by calling 414-276-9814 x308 to ask Rachel to volunteer. Volunteers are invited to meet after 9:30 AM mass in the Café (about 10:45 AM) for a quick volunteer orientation and the Café service ends at 12:30. All volunteers welcomed and encouraged to eat during the service experience.

Get involved in our community:

Racial Justice Book Discussion

Read *Just Mercy* by Bryan Stevenson with us in May. First Session was offered May 7 and will again be offered Monday, May 15 from 6 PM - 8 PM. The second session will be offered either Monday, May 22 from 6 PM - 8 PM OR Sunday, May 28 after 11 AM Mass (12:15 - 2:15 PM) in the second floor meeting rooms.



Contact Shellyroder@stjohncathedral.org or 414-238-2710 to buy a book (\$12 payable to Cathedral of St. John) or for questions.

May is Mental Health Month: Did you know the Milwaukee Public Library is offering free trainings and discussions on mental health? Two events coming up so you can learn more about mental health issues, which are often fatal when undiagnosed or untreated:

Post-Traumatic Stress: Understanding and Moving Forward

Learn the signs and symptoms of Post-Traumatic Stress Disorder (PTSD), basic coping strategies to help manage symptoms and resources on where to seek help.

Saturday, May 20, 2-3:30 pm, Central Library, 814 W. Wisconsin Ave.

Other Mental Health Organizations for how to get educated and involved in this public health issue: NAMI (www.nami.org) and Mental Health First Aid (www.mentalhealthfirstaid.org)

Save the date in June:

PANCAKES with the Open Door Cafe! Sunday, June 4 the Men's Spirituality Group and the Open Door Cafe are hosting a pancake breakfast for all Cathedral parishioners and Open Door Cafe guests after each Sunday Mass. Bring your appetites and build community with us! Also, diners will enjoy music provided by parishioner Kenneth Biel!

Building Community through Service

Join parishioners of All Saints Episcopal Cathedral in a joint service project sorting food at Hunger Task Force (201 S. Hawley Ct) on Saturday, June 3 from 8:45 AM - Noon. This service project is a great way to see first-hand the impact Hunger Task Force has on fighting hunger in Milwaukee, including the tremendous support they give to the Cathedral's Open Door Cafe. RSVP to Dan McCarthy at 414-274-2546 or Dan.McCarthy@zilber.com.

