

## Healing the Whole Person: Engaging Your Story



**8-Week Series – Thursdays, January 22 – March 26, 2026**

**(No meeting February 12 & March 12)**

**Time: 6:30 pm – 8:30 pm (Doors open at 6 pm serving a light supper)**

**Old St. Mary Church — Parish Center 844 N. Broadway, Milwaukee, WI**

**- Enter doors off parking lot.**

Do you desire healing? Freedom from unhelpful patterns of thought or sin you cannot seem to break? Struggling to understand or help someone else who desires healing or freedom? Healing the Whole Person: Engaging Your Story is an 8-week series that provides the framework for understanding and receiving Christ's healing and peace in the heart of the Catholic Church.

We are using videos featuring Dr. Bob Schuchts & Sr. Miriam James Heidland presenting the John Paul II Healing Center's Healing the Whole Person teachings. Each session includes a guided prayer experience and a workbook journaling activity for private reflection and prayer. These sessions also include the opportunity to receive the Sacrament of Reconciliation and to pray with a prayer team trained by the John Paul II Healing Center.

The goal of this video series is to facilitate a personal encounter with Jesus' merciful love and healing truth in the areas where people have felt disconnected from His love and bound by lies. We have witnessed God work powerfully in the lives of those who participate with an open heart. Wherever you find yourself now is not the end of your story. God is here. God has more for you. Engaging Your Story is time set aside for God to guide you on this journey to deeper freedom.

Cost: \$20.00 and includes the Workbook Journal. (Scholarships are available.)

We all carry things that are not forgotten. Until those places are revisited, until trauma is released, until the pain is authentically felt and recognized and the debt of what that person did is fully accounted for and fully examined, and until Christ comes into those places to transform them, those parts of our hearts will remain hard. Forgiveness which honors the dignity of those who have hurt us and our own dignity is courageous.

"Nine years ago, I was first introduced to the John Paul II Healing Center. I have learned many things within that time. Most profoundly that even in my sinfulness, I am a blessed child of God, who is deeply loved. Healing is a choice. A beautiful choice. Making a commitment to fully understand these teachings has helped me to grow closer to Jesus." - Terri Balash

To register, scan the QR code below, or contact  
Terri Balash, Director of Pastoral Care at [tbalash@ffpmke.org](mailto:tbalash@ffpmke.org)  
Brianna Moreland, Pastoral Care Assistant at [bmoreland@ffpmke.org](mailto:bmoreland@ffpmke.org)

